

INTENTIONAL P A R E N T I N G



admin@tkswr.co.za | www.tkswr.co.za | 011 100 5377

From the Principal's Desk

INTENTIONAL PARENTING IS A CALL TO LIVE DELIBERATELY

Dear Parents,

Thank you to those parents who attended our Salute The Parent evening last week. I'm sure that anyone who was there will agree that it was a very insightful and informative evening, not only about parenting through difficult times but parenting in general.

I'd like to build on that in today's article. In the rush of modern life—packed schedules, endless notifications, and ever-growing responsibilities—it's easy for even the most loving parents to drift into survival mode. We respond to what's urgent rather than what's truly important. But our children don't need perfect parents—they need present ones this is something that I've mentioned several times before.

Intentional parenting is a call to live deliberately, making daily choices that reflect our deepest values and beliefs. It's not about doing more, but about doing what matters most—on purpose.

The Bible reminds us, "Be very careful, then, how you live-not as unwise but as wise, making the most of every opportunity..." (Ephesians 5:15-16, NIV). These verses speak directly into the heart of intentional living. Parenting with wisdom means not letting the pace of the world dictate the rhythm of our homes.

In her book Simplicity Parenting, Kim John Payne suggests that when we simplify our children's environments, schedules, and expectations, we give them the gift of focus, security, and connection. Slowing down doesn't mean stepping away from purpose—it means stepping more fully into it. Jesus modelled this beautifully. Though His ministry was filled with demands, He often paused to engage with individuals—children included. *"Let the little children come to me... for the kingdom of heaven belongs to such as these"* (Matthew 19:14). This wasn't just about inclusion—it was intentionality in action.

Practical ways to live out intentional parenting:

- Establish tech-free zones: Create daily windows for undistracted conversation.
- Prioritize family rhythms: Dinner together, prayer time, and unhurried weekends are powerful.
- Check-in emotionally: Ask heart questions, not just logistical ones.
- Model the values you want to see: Integrity, patience, and grace are caught more than taught.

Dr. Andy Crouch, in his book The Tech-Wise Family, encourages parents to be the "nudging voice of wisdom" in a culture of noise. That begins when we ourselves tune into God's voice over the world's volume.

Let us be encouraged: it's not too late to start being intentional, even in small ways. One focused moment, one meaningful conversation, one prayer spoken together—it all adds up. As Psalm 127:3 reminds us, "Children are a heritage from the Lord..."

Let us steward them well, with love, presence, and purpose.

- Mr. Philip Theron, Principal

lssue no. 16

Principal'y Tea for the Grade 11 top achievers

On Friday, 23 May, Mr Theron and Mrs Schoonwinkel hosted a Principal's Tea for the Grade 11 top achievers. We celebrated their results from the past semester and encouraged them through prayer for the upcoming exams. May they continue to be faithful in their commitment to multiply their talents to the glory of God.

Well done Tristan Bastiaans, Bokang Mokoena, Danielle Naidoo, Maya Swanepoel, Anita Underwood, Hayley Padayachee, Kirsten Ludick, Tiyamike Dickinson, and Nicole Winckworth.



Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.



3 Months - Grade R TWEETALIG 2026



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PLEASE DROP THEM OFF AT THE RECEPTION

HOLIDAY CLUB 2025 DISCOVERING THE BIGNESS OF GOD IN THE SMALLEST THINGS 7-11-JULY

Grade 1-7 Tuckshop 8am-1pm

> Honeyridge Baptist Church



Cnr Beyers Naude & Knoppiesdoring

Call Lisa: 082 461 0207 register@honeyridge.co.za

Friendly Reminder: School fees must be paid in advance, before the 7th of each month, 12 Months of the year.



High School (League Round 6) vs Pinnacle College Kyalami: Wednesday, 21 May: u15B lost 6 - 0 2nd Team Drew 2 - 2

High School (League Round 6) vs Maryvale College: Wednesday, 21 May:

u15A lost 3 - 0 1st Team won 2 - 1

Congratulations to our First Team on an incredible unbeaten league season and finishing top of your league conference! Your hard work, determination, and teamwork have truly paid off. We're thrilled to see you advance to the ISSL quarterfinals in Term 3 and can't wait to cheer you on as you continue your journey through the playoffs. We're so proud of you–go team!"

SACSSA SENIOR SIX-A-SIDE SOCCER NATIONAL TOURNAMENT 2025

With 47 teams representing 8 SACSSA Regions, the SACSSA Senior Six-a-Side Soccer Championships took place at The Kings School West Rand, in Roodepoort, on Saturday, 18 May.

We thank all the officials who were responsible for making this a very successful tournament. These officials worked hard. A special word of appreciation to Zachary Zwart, the Tournament Referee, and Coen Meyer, the Age Group Referee, who kept a tight reign on proceedings and helped to lift the standard of the Tournament. A special word of appreciation to aQuellé which sponsored water for every official and player. Congratulations to all the teams and especially to those teams who were awarded at the end of the day with medals and trophies.

We want to thank The King's School West Rand for an excellent venue and facilities, and their wonderful service. by: Johan du Plessis - SACSSA National Co-ordinator

Five of our teams in the u15 / u17 / u19 and u19G age groups competed in a pool stage to qualify for the playoffs later that afternoon.

Well-done to 3 of our teams who qualified for the afternoon semi-final playoffs and finished as follows:

- u19 Boys 4th place
- u19 Girls 4th place
- U17 team -Led by Manager Mandla Dube and Coach Jordan Harvey, our U17 boys won their final to be crowned SACSSA 6-@-side National Champs.

Please note we will be hosting the SACSSA JUNIOR SIX-A-SIDE SOCCER TOURNAMENT at TKSWR on Saturday 7 June 2024 with our U9, U11 U13 x 2 and u13 Girls teams competing.



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SACSSA

Netball

On Saturday, 17 May, our HS Netball teams (U15A, U17, and U19) participated in the SACSSA tournament, competing against seven other schools. Huge congratulations to the U15 and U19 teams for an outstanding performance, claiming silver medals



in 2nd place! Well done to the coaches for their dedication and expertise. A big shoutout to the U17 team for their diligence and commitment on the court - great effort.



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MAY 2025											
Sunday	Monday	Tuesday	Wednesday	Thursday 1 Workers' Day	Friday 2 School Holiday week	Saturday 3 GR11-12 Hike					
4	5 Winter uniform compulsory	6	7	8 GR10 Elevate study skills workshop Artistatue	9 Food Truck /Braai Evening Artistatue Mini soccer festival	10 GR12 Accounting workshop					
11 Mother's Day	12 IP Blue certificate Assembly HS Prefect application	13	14	15 Aitken & Boden Senior Girls Hockey Festival	16 HS Prefect applications close Altken & Boden Senior Girls Hockey Festival Mini soccer festival	17 SACSSA Snr Netba Aitken & Boden Se Girls Hockey Festiv					
18 Aitken & Boden	19	20	21	22 Salute the Parent	23 HS Prefect Training Mini soccer festival	24 SACSSA Snr Socce PS Nova Soccer & Netball Festival					
25	26 GR10-11 Exams start	27	28 GR4-9 Exams start	29 Ascension Day	30	31 SACSSA Jnr Netba					

JUNE 2025

Sunday

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Friday

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1.1		General Contraction	MARY								
		JULY 2025									
Saturday	1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
7 BACSSA Jnr Soccer				1	2	3	4	5			
4	200	6	7	8	9	10	11	12			
:1		13	14	15 School starts Term 3	16 Extra Murais	17	18	19	1		
	Contraction of the second			- 166/11.3	- anali		Mandela Day	PS Hockey festival			
28		20	21 Reports	22	23	24	25	26	. Same		

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