

09 Feb 2024



The King's Ken

The art of
SELF-CONTROL





From the Principal's Desk

At The King's School West Rand, our focus is not only on imparting knowledge but also on cultivating essential life skills in our students, often referred to as Executive functioning skills. One such crucial skill is self-control, a virtue that lays the foundation for personal, professional, and spiritual growth. In a world where self-discipline is often lacking, instilling the art of self-control becomes a significant part of our mission.

James 3:2 (ESV) serves as a guide in this endeavour: "For we all stumble in many ways. And if anyone does not stumble in what he says, he is a perfect man, able also to bridle his whole body." The wisdom in this Scripture highlights the power of mastering the tongue, a powerful metaphor for the broader concept of self-control.

Teaching children the executive functioning skill of self-control goes beyond behavioural management; it is a fundamental aspect of character development and spiritual maturity. The ability to manage one's impulses, emotions, and words lays the groundwork for responsible decision-making and harmonious relationships. It aligns with our commitment to shaping well-rounded individuals who not only excel academically but also navigate life with grace and wisdom.

At The King's School West Rand, we recognize that self-control is a skill that extends beyond

the classroom. Our teachers, in partnership with parents, play a pivotal role in guiding students towards mastering this essential life skill. By creating a learning environment that promotes self-reflection, emotional regulation, and thoughtful communication, we empower our students to tame their tongues and, in turn, manage their actions and thoughts.

As educators and parents, we understand that self-control is a lifelong journey. It requires continuous support, encouragement, and reinforcement. Through prayerful guidance and intentional teaching, we aim to help our students develop the self-discipline needed to navigate life's challenges and temptations successfully.

Together, we can empower our students to embody the values of self-control, making a positive impact not only in their academic pursuits but also in their relationships and future plans.

As we embark on this transformative journey, let us draw inspiration from the words of James, striving to raise a generation of individuals who, through the cultivation of self-control, demonstrate the wisdom and maturity that comes from a life guided by faith.

-MR. PHILIP THERON, CAMPUS PRINCIPAL

Important Dates

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| • Fun Week | 12-16 February |
| • Book Sale | 14-15 February |
| • Agape Ball | Saturday 17 February |
| • Nursery School Sports Day | Saturday 17 February |
| • Prayer Focus | Monday 19 February |
| • Interim and New Learners Reports out | Monday 19 February |
| • Festival of Fame | 22-29 February |
| • JT Soccer Tournament at TKSWR | 23-24 February |
| • Dad and Son Sport Day | Saturday 24 February |
| • Open Day | Saturday 2 March (9:00 to 14:00) |
| • Grade 4 Day Camp | Wednesday 6 March |
| • Grade 5 to Grade 12 camp | 6 to 8 March |
| • Hooked on Books | Monday 11 March |
| • FOF Gala Evening | Thursday 14 March: 18:30 |
| • Summer Games Competition and School Closes | Friday 15 March |
| • SACSSA Volleyball @ TKSWR | Saturday 16 March |
| • Netball, Soccer Clinics / Tour (u13-Opens) | In the week of 25 - 29 March (TBC) |
| • HS Hockey Clinic / Tour | In the week of 25 - 29 March (TBC) |

PRE-SCHOOL LEARNING FUN

On Friday the Pre school had a Messy Outside day. The air was filled with lots of excitement and laughter and of course lots of messy play. From coloured shaving cream, water play, blowing bubbles and painting to an obstacle course, it is safe to say we had a Messy Fun Day!



[CLICK HERE FOR MORE PHOTOS](#)



HIGH SCHOOL ATHLETICS

After having an interesting Athletics season in 2023, our High School was invited to TUT Curro Top 14 at Pilditch Stadium in Pretoria on the 31st of January 2024, which was televised on DSTV channel 216.

Each School was asked to select their best 14 athletes (7 males and 7 females).

- Davina Makota
- Skyla Blignaut
- Bokang Maithufi
- Nyakallo Modise
- Mvelo Gova
- Gloria Shaba
- Naomi Dziga
- Siyanda Twala
- Ocean Martins
- Olwethu Khoza
- Njabulo Dlamini
- Tristan Bastiaans
- Mario Gomez
- Anashe Makota

This athletics meet consists of over 100 schools from all over the country. School such as King Edward VII School, Oranja, Affies TuksSports etc were present.

For fair competitiveness and rankings, there are 3 sections. Section A, B and C. Section A had the top schools. This being our first time in this competition, we were placed in the C section while competing with everyone in A and B.

Our Section consisted of 20 schools and we placed 2nd overall, barely beaten by Curro Nelspruit, who were spectacular on the day. We also managed to collect more points on the day than traditionally athletics schools such as Fourways High School and Krugersdorp High School. That speaks to how much we have improved as a team.



Our performer of the day was Skyla Blignaut, who shone under Tshwane's sun. She won a Gold medal for the U/15 Girls Long Jump defeating provincial level jumpers on the day.

Our surprise performer was also one of our primary school athletes, Siyanda Twala, who competed bravely in an age group above his own.

There were some athletes who ran personal best times.

Thank you to all our 14 athletes who took this challenge on and learned valuable lessons.

The King's School West Rand

www.kingsedgrp.co.za

3 MONTHS - MATRIC

admissions@tkswr.co.za

OPEN DAY

SATURDAY, 2 MARCH

09H00 - 12H00

63 Malcolm Rd, Portview

011 100 5377



Diskonto books visits
THE KING'S SCHOOL WEST RAND

You are invited!

Exhibition Times:

14 Feb [07:00 - 15:00]

15 Feb [07:00 - 14:00]

***All parents are welcome | Cards and cash are accepted**

**For more information contact:
Gwen - 072 215 0508 | www.diskontobooks.co.za**

A night under the stars

The King's School
West Rand Agape Ball
2024

Date: 17 February 2024

Time: 19:00 hrs

Venue: TKSWR hall

Cost: R200 p/p

A night of pure excitement and exhilaration awaits!

GRADE 1-12 LEARNERS
HERE IS A GREAT OPPORTUNITY TO BLESS
THOSE LESS FORTUNATE THAN US

**DONATE A BOX
OF EASTER EGGS**

by

11 MARCH 2024

Hand in to your register teacher

AFRICA FOOD
FOR THOUGHT



HUMANITARIAN
EMPOWERMENT
FUND

FUN WEEK

ZOOM FIT MONDAY



Wear normal school uniform from the waist up and pajama pants from the waist down

Twin Tuesday



You and your bestie can dress up as a duo of your favourite characters (over school uniform)

Valentine's Day
14th Feb
WEDNESDAY

Civvies



TEDDY THURSDAY

BRING YOUR FAVOURITE TEDDY TO SCHOOL

ICE FRIDAY

WEAR AS MUCH BLING AS YOU CAN!



The King's School West Rand

FESTIVAL OF FAME

Eye On Nature

Gr. 1-3
Flowers
Insects
trees

Gr. 4-7
Hidden
wonders of
the deep

GR. 8-12
Our
environment

...Visual Art...

Use your imagination and... CREATE!