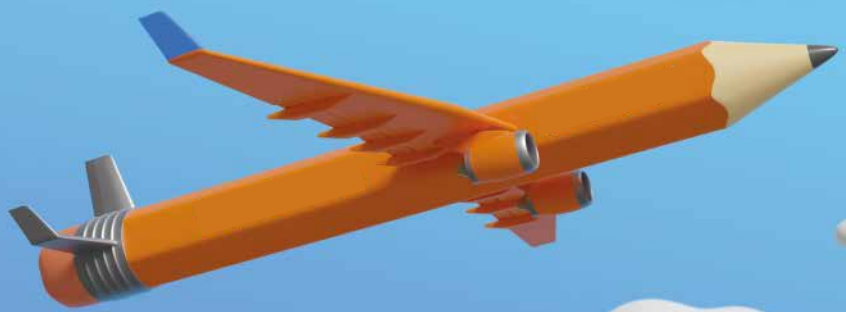


04
FEB



The King's Ken

SCHOOL VISION



011 100 5377

admin@tkswr.co.za | www.tkswr.co.za

From the Principal's desk



Our school's vision is "Excellence in Education to the Glory of God". Some might think that excellence in education is all about preparing students to perform well in a university one day. Or to get a good job. But true excellence is much more than that. It is about forming students holistically (intellectually, spiritually, emotionally, physically and socially), who are able to serve God and bring his Kingdom to bear on their chosen career. When we get this right through the help of the Holy Spirit, our vision enlarges and we have the potential to change the world for good.

Dorothy Day, after a tumultuous youth, became a Christian and offered this suggestion for the Christian church worldwide:

What we would like to do is change the world—make it a little simpler for people to feed, clothe, and shelter themselves as God intended them to do. And, by fighting for better conditions, by crying out unceasingly for the rights of the workers, the poor, of the destitute—the rights of the worthy and the unworthy poor, in other words—we can, to a certain extent, change the world; we can work for the oasis, the little cell of joy and peace in a harried world. We can throw our pebble in the pond and be confident that its ever widening circle will reach around the world. We can give away an onion. We repeat, there is nothing we can do but love, and, dear God, please enlarge our hearts to love each other, to love our neighbor, to love our enemy as our friend.

By God's grace, and our faithful work, I pray that our school can create many cells of joy and peace in this harried world. May God enlarge our vision by enlarging our hearts to love one another.



Mr. Ken Langley
Principal



INTERHOUSE RESULTS

After 2 years of very little sport and no athletic competition, we were able to hold our annual Inter-house Athletics competition on Wednesday 26 January 2022.

The day's competition includes our Foundation Phase, Intermediate Phase and High School.

The athletes compete for points for their houses as well as a Spirit Award (rah-rah). Our Four House are:

EMERALD - GREEN
JASPER - RED
SAPPHIRE - BLUE
TOPAZ - YELLOW

The house names represent four of the gem stones in the Breastplate of the High Priest which represent the 12 tribes of Israel (Exodus 28: 17-20).

It was a fun filled day with lots of fun and excitement. We are so grateful as a school that we were able to have such a day again.

FOUNDATION PHASE

Topaz	66	Jasper	80	Sapphire	35	Emerald	37
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INTERMEDIATE PHASE

Topaz	176	Jasper	175	Sapphire	172	Emerald	221
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HIGH SCHOOL

Topaz	263	Jasper	244	Sapphire	317	Emerald	282
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Total: 505 499 524 540



Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.



SPIRIT AWARD (RAH-RAH) RESULTS:

Points:

4TH PLACE – 136 POINTS EMERALD

3RD PLACE – 163 POINTS JASPER

2ND PLACE – 179 POINTS TOPAZ

**1ST PLACE AND WINNER
181 POINTS - SAPPHIRE**

Congratulations to House Emerald who won the inter-house trophy for 1st place. And well done to House Sapphire for winning the Spirit Award on the day.





ATHLETICS FRIENDLY ON THURSDAY, 27 JANUARY, 2022

We had the opportunity to compete at a friendly athletics meeting hosted by Trinityhouse Little Falls on Thursday, 27 January 2022. The schools that participated were Trinityhouse Little Falls, Curro Wilgeheuwel and The King's School West Rand.

It was an amazing opportunity for our athletes, Gr1 – Gr 7, to have some new faces to compete against as well just getting back into the rhythm of being active again. They had so much fun and gave it their best on the day while enjoying the “normal” environment.

We are extremely proud of every single athlete that competed at the event.

We came 2nd overall with 274 points, while Trinityhouse came 1st with 429 points and Curro Wilgeheuwel 3rd with 180 points.

We praise every single athlete's performance and results as well the teachers and coaches that served as officials on that day.

Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.

LOST PROPERTY



Many of our young children have not yet learned how to look after their uniform and possessions. They misplace items regularly and these are then brought to the office lost property section. If the items are marked with their name, the child is called to collect the item, but many items are not marked.

Please take note of the following:

1. Our students may visit the lost property officer, Mrs Tryphina Mooki at break time or after school to see if their item has been handed in.
2. Parents may call Mrs Mooki on ext 115 to enquire whether their child's item is in the lost property.
3. Unclaimed items will be cleared every Wednesday and donated to charity.
4. Parents are encouraged to mark all uniform items clearly with name and surname (please not initials like KR, as this can't be traced).
5. It is recommended that for younger children items are marked with the parent's cell number.
6. Iron-on labels are inexpensive and will be stocked at the school wear shop. (These cannot be cut off like a tag and are neater and more effective)
7. Parents, please help us to train our children to steward their possessions well, it is a skill for life.

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Extra Mural Swimming



QUESTIONS YOU MAY HAVE

SQUAD PREPARATION

In order to qualify for Squad Preparation, learners need to:

- Be comfortable to swim in a gala swimming pool
- Be able to swim a length of 25 metres unassisted
- Be able to swim using basic freestyle stroke
- Be able to swim without swimming aids
- Have a fitness level that enables him/her to swim 25 metres multiple times with short rests in between each length

Lessons take place for Squad Preparation as follows:

Grade 1 – 3: Mondays and Wednesdays from 13:30 – 14:15

SQUAD TRAINING

In order to qualify for Squad Training, learners need to:

- Be able to swim using all four strokes (Freestyle, Back Stroke, Breast Stroke and Butterfly)
- Be able to swim 100 metres (4 x lengths) comfortably, continuously and unassisted.

Lessons take place for Squad Training on the following days:

Grade 1 – 3: Tuesdays and Thursdays from 13:30 – 14:30

Grade 4 – 7: Tuesdays and Thursdays from 13:45 – 14:45

Grade 8 – 12: Tuesdays and Thursdays from 14:30 – 15:30

WHAT TO WEAR ON PE SWIMMING DAYS:



PE Lessons before break: Learners must come to school wearing their swimming costumes and their PE uniforms. Learners will change into dry clothing after the lesson. **Remember to pack under garments.**

Please note that no under garments are to be worn under swimming costumes.

PE Lessons after break: Learners may come to school in their swimming costumes with PE uniform OR change into their costumes during their breaks. Learners will change into dry clothing afterwards. **Remember to pack under garments.**

Please note that no under garments are to be worn under swimming costumes.

Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.

WHAT TO PACK FOR SWIMMING (PE AND EXTRA MURAL SWIMMING):

- Swimming towel – clearly marked with name and class.
- Sunblock – to be applied one hour before the PE/extra mural lesson.
- Swimming caps are compulsory – clearly marked with name and class. Learners will NOT be allowed to swim without a cap. Learners with braided hair can order a special cap to accommodate braids through Coach Shane Delpêche - contact number 074 212 1518.
- Girls need to wear a full swimming costume. **NO TWO PIECES** are allowed. Lycra ski pants can be worn over the costume. (TKSWR swim wear will be introduced in 2023)
- Boys need to wear swimming shorts (no baggies or speedos please).
- No underwear may be worn in the swimming pool for hygiene purposes.
- Goggles may only be worn at Extra Mural swimming once a learner has achieved their "Swimming Licence".
- Learners who are suffering from ear or eye infections, tonsillitis, bronchitis, sinusitis, cold sores, open wounds, or ringworm may not swim and we will need a doctor's note/note from the Parents to excuse your child from the lesson.

COVID PROTOCOLS



We have taken guidance from Swim South Africa (SSA) in this regard.

- Learners must arrive at the swimming pool in their swimming gear.
- Swimmers must have their own towels and **swim caps**.
(**Swim caps are compulsory - a no cap no swim policy applies**)
- Swimmers must have their own water bottles. No sharing.
- Face masks must be worn at all times, **EXCEPT** when in the water.
- Social distancing must be adhered to at all times even in the water.





**DON'T FORGET TO
ENTER THE
FESTIVAL OF FAME**

**25 February to 4 March
2022**

Get your Entry Form Today!

Entries close on 10 February 2022

Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.

Psalm 100

*Make a joyful noise
unto the LORD,
all ye lands.*

*Serve the LORD with gladness:
come before his presence with singing.*

*Know ye that the LORD he is God:
it is he that hath made us,
and not we ourselves; we are his people,
and the sheep of his pasture.*

*Enter into his gates with thanksgiving,
and into his courts with praise:
be thankful unto him,
and bless his name.*

*For the LORD is good; his mercy is
everlasting;
and his truth endureth to
all generations.*

The King's School WEST RAND

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MRS Heleen Rademeyer (B.Sc)(B.Ed Hons), HOD, 30 years teaching experience and exam marker.
MRS Liesel Jacobs (M.Sc)(PGCE), HOD, 23 years teaching experience and 15 years experience in IEB Schools.
Contact: Mandy 0822172077
Theresa 0834534792
Email: smp@icon.co.za

Please Note: In case of absenteeism a doctor's note must be provided for all summative assessments (tests, orals, practical assessments etc) missed.

PRIMARY SCHOOL ASSESSMENT TIMETABLE 2022 – TERM 1

WEEK			GRADE 4	GRADE 5	GRADE 6	GRADE 7
3 (24-28 January)			-	-	-	-
PREPARATION ASSESSMENTS				Eng- Spelling Afr-Spel	Afr-Spel LO Blog Project start	Afr-Spel NS Investigation starts
4 (31 Jan -4 February)			03/02 Thursday	CYCLE TEST:	-	-
PREPARATION ASSESSMENTS			Maths Afr-Spel	Eng-Spelling LO Poster Afr-Spel	LO Blog Project Afr-Spel	Eng- Spelling Afr-Spel
5 (7-11 February)			10/02 Thursday	CYCLE TEST:	ENGLISH	ENGLISH
PREPARATION ASSESSMENTS			Maths LO	NS Afr-Spel Afr-Lees	LO Blog Project Afr-Spel	Maths NS Investigation due date
6 (14-18 February)			17/02 Thursday	CYCLE TEST:	AFRIKAANS	AFRIKAANS
PREPARATION ASSESSMENTS			Afr-Spel English	Maths Eng- Spelling Eng-Reading Afr-Spel	LO Blog Project Maths NS	Eng- Spelling Afr-Spel LO
7 (21-25 February)			24/02 Thursday	CYCLE TEST:	NS	NS
PREPARATION ASSESSMENTS			Afr-Spel SS	Eng- Spelling Afr-Spel SS	LO Blog Project Afr-Spel English	Afr-Spel Afr-Speech
8 (28 Feb - 4 March)			3/03 Thursday	CYCLE TEST:	SS	SS
PREPARATION ASSESSMENTS			Afr-Spel English	Eng- Spelling NS Afr-Spel	LO Blog Project due Afr-Spel Afr-Speech SS Poster	Eng- Spelling Afr-Spel NS
9 (7-11 March)			08/03 Tuesday (Day 9 timetable)	CYCLE TEST:	MATHS	MATHS
PREPARATION ASSESSMENTS			NS	Eng- Spelling Afr-Spel	MATHS	MATHS
*School Camp Gr 5,6 and 7: 9-11 March – *Subject to change* Grade 4 Day camp 9 March						
10 (14-18 March)						
PREPARATION ASSESSMENTS					Eng-Spelling	

A 'What to study' will go out at least one week before all Prepared assessments (Class Tests and Cycle Tests). It should be pasted or written in the homework diary. All marks are captured on ADAM after an assessment is written (1 week turnaround time)

All Cycle Tests are written on a THURSDAY except in **Week 9** when it will be written on **TUESDAY 8th March**.

We will also follow Day 9 Timetable on Tuesday 8th March.

Non Prepared assessments will also be written as decided by the relevant subject teacher. (Learners don't study for these as they are skilled based)

Projects must be handed in on the due date. Failure to do so will result in 0% for the late submission of the assessment for the term. Re-submission of this assessment is compulsory and the mark achieved with the re-submission will be taken into account the following term.

In the case of Absenteeism:

A doctor's certificate, must be handed in on the first day back at school. Failure to do so will result in 0% for the task for the term. Learners who are absent for assessments other than tests, will still be expected to complete or submit it within 1 week of the learner's return to school.

HIGH SCHOOL ASSESSMENT TIMETABLE 2022 – TERM 1

WEEK	DATE	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
2 (24/1-28/1)	CYCLE TEST THURS 27/1	NONE	NONE	NONE	NONE	ENG
PREPARATION ASSESSMENTS		* AFRIK	* AFRIK	* AFRIK	NONE	* ENG
3 (31/1-4/2)	CYCLE TEST THURS 3/2	AFRIK	MATHS	AFRIK	ENG	LS
PREPARATION ASSESSMENTS		* AFRIK * ACC	* ENG * AFRIK	* ENG * LS	* PS * VA	* BS * ENG
4 (7/2-11/2)	CYCLE TEST THURS 10/2	LS	HIST	LS	LS	MATHS
PREPARATION ASSESSMENTS		* MATHS CYCLE 11/2 * ACC	* ENG CYCLE 8/2 * BS	* MATHS * CAT THEORY 11/2	* ENG * AFRIK	* AFRIK * PS * LO

HIGH SCHOOL ASSESSMENT TIMETABLE 2022 – TERM 1



WEEK	DATE	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
2 (24/1-28/1)	CYCLE TEST THURS 27/1	NONE	NONE	NONE	NONE	ENG
PREPARATION ASSESSMENTS		* AFRIK	* AFRIK	* AFRIK	NONE	* ENG
3 (31/1-4/2)	CYCLE TEST THURS 3/2	AFRIK	MATHS	AFRIK	ENG	LS
PREPARATION ASSESSMENTS		* AFRIK * ACC	* ENG * AFRIK	* ENG * LS	* PS * VA	* BS * ENG
4 (7/2-11/2)	CYCLE TEST THURS 10/2	LS	HIST	LS	LS	MATHS
PREPARATION ASSESSMENTS		* MATHS CYCLE 11/2 * ACC	* ENG CYCLE 8/2 * BS	* MATHS * CAT THEORY 11/2	* ENG * AFRIK	* AFRIK * PS * LO

WEEK	DATE	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
2 (24/1-28/1)	CYCLE TEST THURS 27/1	NONE	NONE	NONE	NONE	ENG
PREPARATION ASSESSMENTS		* AFRIK	* AFRIK	* AFRIK	NONE	* ENG
3 (31/1-4/2)	CYCLE TEST THURS 3/2	AFRIK	MATHS	AFRIK	ENG	LS
PREPARATION ASSESSMENTS		* AFRIK * ACC	* ENG * AFRIK	* ENG * LS	* PS * VA	* BS * ENG
4 (7/2-11/2)	CYCLE TEST THURS 10/2	LS	HIST	LS	LS	MATHS
PREPARATION ASSESSMENTS		* MATHS CYCLE 11/2 * ACC	* ENG CYCLE 8/2 * BS	* MATHS * CAT THEORY 11/2	* ENG * AFRIK	* AFRIK * PS * LO


FOUNDATION PHASE EXTRA MURAL PROGRAMME

TERM 1


ATHLETICS SEASON : 17 JANUARY - 18 FEBRUARY

ATHLETICS SEASON : 17 JANUARY - 18 FEBRUARY					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY		
13:15-13:45		13:15-13:45			
U7-U8 SPRINTS		U7-U8 SPRINTS			
60/80M		60/80M			
Mrs Bernice Schoeman More Than A Coach x2		Mrs Bernice Schoeman More Than A Coach x2			
13:45-14:30				13:45-14:30	
U9 SPRINTS				U9 SPRINTS	
60/80M		60/80M			
Mrs Maryke Engelbrecht Fielding Dreams Coach x2		Mrs Maryke Engelbrecht Fielding Dreams Coach x2			
14:30 - 15:15		14:30 - 15:15			
U9 LONG JUMP/HIGH JUMP/SHOT PUT		U9 LONG JUMP/HIGH JUMP/SHOT PUT			
Mrs Ronelle Davel		Mrs Ronelle Davel			


CRICKET SEASON FOR U7 AND U8 - 24 JANUARY - 18 FEBRUARY

Cricket u7 - u8		Cricket u7 - u8	
13:15 - 14:15		13:15 - 14:15	
Mrs Robyn Cloete Ms Anne Alabu Pro Cricket		Mrs Robyn Cloete Ms Anne Alabu Pro Cricket	


SWIMMING SEASON FOR U7 AND U8 - 24 JANUARY - 4 MARCH

u7, u8 and u9 Swimming Squad Prep (Invitation only)	u7, u8 and u9 Swimming Squad (Invitation only)	u7, u8 and u9 Swimming Squad Prep (Invitation only)	u7, u8 and u9 Swimming Squad (Invitation only)
13:30 - 14:15	13:30 - 14:30	13:30 - 14:15	13:30 - 14:30
Mrs Tia Farmer Mr Shane Delpeche	Mr Shane Delpeche Ms Mia van Wyk MTAT Mrs Monica Behrens	Mrs Tia Farmer Mr Shane Delpeche	Mr Shane Delpeche Ms Mia van Wyk MTAT Mrs Monica Behrens
			


NETBALL AND SOCCER PRE-SEASON FOR U7, U8 AND U9 - 21 FEBRUARY - 15 MARCH

Netball u7 - u8		Netball u7 - u8	
13:15 - 14:15		13:15 - 14:15	
Mrs Bernice Schoeman U7 Ms Anne Alabu U7 Ms Daphney Kroet U8 Coach KG U8 Fielding Dreams U7		Mrs Bernice Schoeman U7 Ms Anne Alabu U7 Ms Daphney Kroet U8 Coach KG U8 Fielding Dreams U7	
Netball u9			Netball u9
13:45 - 14:45			13:45 - 14:45
Mrs Ronelle Davel Fielding Dreams		Mrs Ronelle Davel Fielding Dreams	

PRE-SEASON SOCCER FOR U7, U8 AND U9 - 21 FEBRUARY - 15 MARCH

Soccer u7 - u8		Soccer u7 - u8	
13:15 - 14:15		13:15 - 14:15	
Mrs Robyn Cloete		Mrs Robyn Cloete	
Mrs Maryke Engelbrecht		Mrs Maryke Engelbrecht	
MTAC + Fielding dreams		MTAC	
Socca Kidz		Socca Kidz	
Soccer u9		Soccer u9	
13:45 - 15:00		13:45 - 15:00	
Mrs Jenny Felton		Mrs Jenny Felton	
More Than A Coach	More Than A Coach		
Fielding Dreams	Fielding Dreams		

CHESS AND CULTURAL ACTIVITIES : 24 JANUARY - 15 MARCH

PAC	Art Club		Art Club
13:30 - 15:00	13:00 - 14:00		13:00 - 14:00
By invitation only	Mrs Geraldine Hide - Gr 1		Mrs Geraldine Hide - Gr 1
Mrs Mercia Swanepoel	Mrs Leanne Williams Gr 2		Mrs Leanne Williams Gr 2
	Art Club Gr 3		Art Club Gr 3
	13:30 - 14:30		13:30 - 14:30
	Mrs Cassel De Almeida		Mrs Cassel De Almeida
	Drama		
	Gr 1- Gr 3		
	13:30 - 14:00		
	Mrs Mercia Swanepoel		
	Chess Gr 1-2	Chess Gr 1-2	
	13:00 - 14:00	13:00 - 14:00	
	Mrs Leanda Duffield	Mrs Leanda Duffield	
	Mrs Margie Main	Mrs Margie Main	
	Ms Thully Kleinbooi	Ms Thully Kleinbooi	
	Ms Maria Luchies	Mr Valentine Momberume	
	DCS Coach	DCS Coach	
	Chess Gr 3	Chess Gr 3	
	14:00 - 15:00	14:00 - 15:00	
	Ms Maria Luchies	Mr Valentine Momberume	
	DCS Coach	DCS Coach	





**THE KING'S SCHOOL WEST RAND
EXTRA MURAL PROGRAMME**



INTERMEDIATE PHASE TERM 1 - 2022

ATHLETICS SEASON : 17 JANUARY - 18 FEBRUARY

MONDAY	TUESDAY	WEDNESDAY 13:45 - 14:45	Thursday	FRIDAY
u10/u11 High Jump Mrs A Thiel + Amos FD	u10/u11 Shot Put KG (MTAC), Mr H Magagula	u10/u11 High Jump Mrs A Thiel + Amos FD	u10/u11 Shot Put KG (MTAC), Mr H Magagula	
u10/u11 Sprints Mr D Lindeque	u10/u11 Long Jump Ms G Mashini + Adriaan FD	u10/u11 Sprints Mr D Lindeque	u10/u11 Long Jump Ms G Mashini + Adriaan FD	
u12/u13 Shot Put Coach Andrea FD	u12/u13 High Jump Mr Cruz, Coach Amos FD	u12/u13 Shot Put Coach Andrea FD	u12/u13 High Jump Mr Cruz, Coach Amos FD	
u12/u13 Long Jump Mrs M Trimmel + Adriaan FD	u12/u13 Sprints Mr D Lindeque + MTAC	u12/u13 Long Jump Mrs M Trimmel + Adriaan FD	u12/u13 Sprints Mr D Lindeque + MTAC	
	Middle Distance MTAC		Middle Distance MTAC	

SWIMMING SEASON FOR SQUAD : 24 JANUARY - 4 MARCH

U10 - U13 13:45 - 14:45 Mrs Shelly Miller Mr Shane Delpeche		U10 - U13 13:45 - 14:45 Mrs Shelly Miller Mr Shane Delpeche
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CHESS AND CULTURAL EXTRA MURALS : 24 JANUARY - 15 MARCH

Chess Gr 4 - 7 14:00 - 15:00 Mrs Mania Luchies DCS Coach		Chess Gr 4 - 7 14:00 - 15:00 Mr Valentine Momberume DCS Coach	Dance Crew 13:30 - 14:30 Mrs M Swanepoel
Art Club Gr 4-5 13:30 - 15:00 Mrs Angie Grobbelaar Mrs Stacey Lombaard	Drama Gr 4 - Gr 7 13:30 - 14:00 Mrs Mercia Swanepoel	Art Club Gr 6-7 13:30 - 15:00 Mrs Angie Grobbelaar Mrs Stacey Lombaard	 DANCE
PAC 13:30 - 15:00 By invitation only Mrs Mercia Swanepoel	 Performing Arts	Game Changers (new name for Cross Train Discipleship) 13:45 - 14:45 Mr Hennie Schoonwinkel Belinda and Leanne (RFC)	








PRE-SEASON SOCCER AND NETBALL : 21 FEBRUARY - 15 MARCH

	Netball u10 - u13 13:45 - 15:15 Mrs Anita Thiel Ms Grlie Mashini Mrs Hester Wood Ms Binita Serfontein Fielding Dreams Coach Mittah Ms Thandeka Ndlovu		Netball u10 - u13 13:45 - 15:15 Mrs Anita Thiel Ms Grlie Mashini Mrs Hester Wood Ms Binita Serfontein Fielding Dreams Coach Mittah Ms Thandeka Ndlovu
	Soccer u10 - u13 13:45 - 15:15 Mrs Jenny Felton Mr Hector Magagula Mr Valentine Momberume MTACx2 Socca Kidz		Soccer u10 - u13 13:45 - 15:15 Mrs Jenny Felton Mr Hector Magagula Mr Valentine Momberume MTACx2 Socca Kidz

**THE KING'S SCHOOL WEST RAND
EXTRA MURAL PROGRAMME**

HIGH SCHOOL

TERM 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Soccer	Boys Hockey	Soccer	Boys Hockey
14:30 - 16:00	14:30 - 16:00	14:30 - 16:00	14:30 - 16:00
U14 - Open	u14 - Open	U14 - Open	u14 - Open
Mr Jabz Gumede-Baxter	Mr André Berrangé	Mr Jabz Gumede-Baxter	Mr André Berrangé
Mr Wynand Theunissen	Fielding Dreams	Mr Wynand Theunissen	Fielding Dreams
Mr Garth D'Oliveira Cruz		Mr Garth D'Oliveira Cruz	
Fielding Dreams/Football Friends		Fielding Dreams/Football Friends	
			
	Girls Hockey		Girls Hockey
	Mrs Nalize Botha		Mrs Nalize Botha
	Fielding Dreams		Fielding Dreams
Netball	14:30 - 16:30	Netball	14:30 - 16:30
u14 - Open	Cheerleading	u14 - Open	Cheerleading
Mrs Sithabile Mokoena	Ms Lydia Martin	Mrs Sithabile Mokoena	Ms Lydia Martin
Miss Jandrè Swanepoel	Ms Alexa vd Westhuizen	Miss Jandrè Swanepoel	Ms Alexa vd Westhuizen
Mrs Angie Van Druuten		Mrs Angie Van Druuten	
Fielding Dreams		Fielding Dreams	
Lennox Netball		Lennox Netball	
			
		14:15 - 15:15	14:15 - 15:15
		Cross Train Discipleship	Cross Train Discipleship
		Hennie Schoonwinkel	Hennie Schoonwinkel

THE KING'S SCHOOL WEST RAND

EXTRA MURAL PROGRAMME

HIGH SCHOOL TERM 1 - 2022



Monday	Tuesday	Wednesday	Thursday	Friday
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ATHLETICS SEASON : 17 JANUARY - 18 FEBRUARY

14:15 - 15:15

Long Jump (Snr & Jnr) Mr G Soutter, Boipelo (FD)	High Jump (Snr & Jnr) Mr M Dube, Tshwanelo (FD)	Middle/Long Distance (J+S) Mr Humamo Schoonwinkel	High Jump (Snr & Jnr) Mr M Dube, Tshwanelo (FD)	
Javelin (Jnr & Snr) Mrs Tia Farmer	Sprints (J&S) Mr Gerhard Soutter	Javelin (Snr & Jnr) Mrs Tia Farmer	Sprints (J&S) Mr Gerhard Soutter	
Coach Jolly (FD)		Coach Jolly (FD)		
Middle/Long Distance (J+S) Mr Humamo Schoonwinkel	Shot Put (Snr & Jnr) Mrs J Niewerhuyzen/FD	Long Jump (Jnr & Snr) Mr G Soutter, Boipelo (FD)	Shot Put (Jnr & Snr) Mrs J Niewerhuyzen/ FD	

SWIMMING SEASON FOR SQUAD : 24 JANUARY - 4 MARCH

14:30 - 15:15
Mrs Adelle Halls
Mr Shane Delpeche



14:30 - 15:15
Mrs Adelle Halls
Mr Shane Delpeche

CHESS AND CULTURAL EXTRA MURALS : 24 JANUARY - 15 MARCH

14:00 - 15:00 PAC By invitation only Mrs Mercia Swanepoel	14:40 - 16:30 Cheerleading Ms Kristi Hyman		14:30 - 16:30 Cheerleading Ms Kristi Hyman	100 - 14:10 Juggling Mrs Mercia Swanepoel	14:15 - 16:15 Vocal Training Mrs Lesego De Carvalho
	14:15 - 15:15 Marimba Band Mrs Naice Botha		14:15 - 15:30 Photography Club Mr Pierre Bignaut	115 - 15:15 Marimba Band	
14:15 - 15:30 Public Speaking/Debating Mrs Lesego De Carvalho Mrs Thabang Behlangu Mrs Angie van Druten				Mrs Naice Botha Mr Samkele Bujo	
	14:15 - 15:30 Drama Club/Short Films Mr Pierre Bignaut Ms Dayna Badenhorst Ms Sunel Daursema			13:15 - 15:15 Vocal Training Mrs Lesego De Carvalho Mrs Thabang Behlangu	
14:30 - 16:00 Chess Ms Maria Luches					

PRE-SEASON SOCCER, NETBALL AND HOCKEY : 21 FEBRUARY - 15 MARCH

Pre-season Netball 14:15 - 16:00 u14 - Open U14-Coach KG +MTAT U15 - Mrs J Niewerhuyzen u16 - Mrs Tia Farmer u17/Open - Mrs Adele Schoeman FDx2	Pre-season Girls Hockey 14:15 - 16:00 Ms Bianca Otto Fielding Dreams		Pre-season Netball 14:15 - 16:00 u14 - Open U14-Coach KG +MTAT U15 - Mrs J Niewerhuyzen u16 - Mrs Tia Farmer u17/Open - Mrs Adele Schoeman FDx2	Pre-season Girls Hockey 14:15 - 16:00 Ms Bianca Otto Fielding Dreams	
	Pre-season Boys Hockey 14:15 - 15:30 Mr Humamo Schoonwinkel Mr Gerhard Soutter		Pre-season Soccer 14:30 - 16:00 u14 - Open Mr Garth Cruz Mr Fernando Nhone Ms Ayanda Ngubane Socca Kidz One Touch Academy MTACx2	Pre-season Boys Hockey 14:15 - 15:30 Mr Humamo Schoonwinkel Mr Gerhard Soutter	