

8 MARCH 2017

# The King's Ken

## Executive Functioning Skills:

*A perspective from Yvienne Schoonwinkel,*  
[Senior Teacher serving on the Academic Advisory Committee]



One of the goals we have here at The King's School West Rand is to teach our children **executive functioning skills**. These are the mental processes that enable us to plan, focus attention, remember instructions and juggle multiple tasks successfully. The brain needs these skills to filter distractions and irrelevant stimulation, prioritize tasks, set and achieve goals, and control impulses, so that a relevant task can successfully be completed.

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At our school, we group the executive functioning skills together under **5 main headings**. These include organising, not delaying, prioritising, listening actively and staying on task. We offer visual and tangible reminders of these in each class.

There are many reasons why we are excited about this. Proven positive outcomes include: Better academic performance; learning to balance social activities with academic demands; effective problem-solving skills; better reading and comprehension; more satisfying interactions with peers; better intrinsic motivation; higher levels of perceived competence; self-efficacy; improved moral cognition and moral conduct; fewer behaviour problems; less chance of depression.

Some sources go as far as to state that it separates successful students from the failures! Good executive-function skills are not a guarantee of school success, but their absence is a predictor of difficulty at some point, and of the loss of self-esteem that follows. We strongly believe that we need to help our children early on to develop these skills, so they can succeed in school and life. Investing time and effort into training our students in executive function returns lifelong benefits for our students, enables positive behaviour and allows them to make healthy choices – now and later in life, because it governs their ability to evaluate their **own** work and behaviour in real time.

The final outcome for The King's School is a better educated member of society, capable

of meeting the challenges of our time to fulfil their God-given purpose.

*Yvienne Schoonwinkel*

Senior Teacher serving on the Academic Advisory Committee



For second hand school items to buy or swop...

contact Debbie:

**073 152 0333**

[debbie.bevan@saiglobal.com](mailto:debbie.bevan@saiglobal.com)

*If you have any good quality second hand items you would like to donate to the swop shop you may drop off as well.*

## FOR FRIENDS FRIDAY

10 March	-	Mielie Meal
17 March	-	Rice
24 March	-	Sugar

In addition to the above, any warm clothes for children from 3 months to 9 years old will be greatly appreciated.

THANK YOU FOR YOUR UNWAVERING SUPPORT!



# IMPORTANT DATES

*for the term*

6-10 March  
9 March  
15-17 March  
15 March  
20 March  
21 March  
23 March  
24 March

- Festival of Fame
- Nursery School Mom & Dad Day (18mnth to 3 years)
- School Camp (Gr. 5 – Matric)
- Gr. 4 Day Camp
- SCHOOL HOLIDAY
- HUMAN RIGHTS DAY
- International Evening
- SCHOOL CLOSES
- @ 11:45 for Pre-School and Foundation Phase
- @ 12:00 for Intermediate Phase and High School

## AT CHURCH THIS SUNDAY...

SERMON TOPICS IN OUR LOCAL CHURCHES THIS WEEK

### RIDGECREST FAMILY CHURCH

10-week series on the 10 Commandments from Exodus 20 entitled: "Just do it God's way". The audio and video feeds are available on our website at [www.ridgecrestchurch.org.za/sermons](http://www.ridgecrestchurch.org.za/sermons)

### MULDERSDRIFT UNION CHURCH

9:00 am (Ryan) Why Baptism (Acts 2)  
5:30 pm (Kevin) FORUM: The Hebrides Revival

# Congratulations Tasmin Smith!



Tasmin Smith and Collingwood came 1st in the Junior Show Hack class and then went on to win overall Junior Champion at the prestigious Horse of the Year show held at Kyalami Equestrian Park – Kyalami end February 2017

**THE  
SCHOOL  
WEAR  
SHOP**

Liza Smith - 072 108 3670  
E-mail - ropacc@vodamail.co.za

Monday, Wednesday and Thursday: 06:45 to 13:30

CLOSED on Tuesdays and Fridays

TO ACCOMMODATE OUR FULL-TIME WORKING PARENTS:

Every 1st and 3rd Saturday of the month: 09:00 to 12:00

## OPEN DAY/MARKET DAY

*Saturday 22 April 2017*

**School Tours: 09:00-12:00 • Flea Market: 09:00-14:00**

The King's School West Rand would love to show off our Community and School to prospective parents. School Tours will be from 9am until 12pm whilst a Market will be held on the same day from 9am till 2pm at the school. Please join us on the day in sharing with the community as well as supporting parents and learners at the market.

*Bring a picnic blanket and come join in some fun on the day.*

Should you wish to book a stand at the market please  
e-mail: [marketing@kswr.org.za](mailto:marketing@kswr.org.za)

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School fees must be paid in advance, before the 7th of each month, 12 Months of the year.